

THE Garnet of Casa Grande Lifestyle

ASSISTED LIVING COMMUNITY
510 E 8th Street • Casa Grande, AZ 85122 • (520) 876-4200

APRIL 2023

Silver Star Resident



Constance (Connie)
Meunier

Connie has been a member of The Garnet family for the past four years. She likes that there are so many caring people in our community. Connie cares deeply about the people here and just loves being among The Garnet family members. Her favorite activity is Bingo, which she is very good at. She has two special things in her life: her love for God and for people. Connie is however a very straightforward and honest person. She doesn't care much for gossip, and if she has something

on her mind, she'll tell you straightforward, but that is what makes Connie such a special person.

In Connie's younger days, she was a Restaurant Manager for Denny's, Bob's Big Boy and Carrow's restaurants. She thrived in this industry for over 30 years, and it has always remained with her. She met her soulmate while she was working at Denny's. He, too, was a Restaurant Manager for Denny's. Shortly after meeting they became husband and wife. They were married in their home in Desert Center, California, with Connie's mother as Maid of Honor and her brother-in-law as Best Man. Unfortunately, she lost the love of her life after just 8 short years.

Connie was born in the countryside of Western New York. This explains the country girl that shows in her. However, don't confuse her as being a Country Bumpkin. She doesn't like country music and she never could line dance. When she wants to get her groove on, she wants to hear some funky '60s, '70s and '80s hits. That is what gets her toes tapping.

It is our privilege to name Connie as our Garnet Silver Star recipient for the month of April 2023.

Way to Go, Girl!

Heart Hero of the Month



Pedro Martinez

Pedro Martinez is a member of The Garnet Kitchen staff. He was born in Arizona in Florence and moved to Casa Grande when he was 11 years old. Pedro is a single father raising three children (2 boys and 1 girl). His two boys are: Kaipho, who is 9 years old, and Pekelo, who is 11 years old. His daughter is Maylea, who is 14 years old.

Working with the residents here at The Garnet is Pedro's favorite part of being a member of the Kitchen staff. He really loves being able to be helpful to others. Pedro's hobbies include painting and drawing. He really likes to create and draw name artwork. In his downtime, Pedro enjoys watching his favorite movie, Constantine, or just hanging out and listening to Gospel music. He really enjoys singing along with Gospel music, especially when he is filled with the Spirit. Other than movies and music, Pedro's passions are spending quality family time with his children, being able to help other people and just being a regular guy.

When Pedro was young, he would always daydream about what it was going to be like to be an adult. However, now that he is an adult, he daydreams about what it would be like to just be a kid again. Life—Too Funny!

We are very fortunate to have Pedro as part of our Garnet Kitchen Staff. He is very kind, hardworking and has a true passion for taking care of our Garnet residents.

Thank you for your hard work, Pedro!

APRIL 2023

**It's Our
Pleasure to
Serve You**

**A WORD FROM YOUR
LEADERSHIP TEAM ...**

Happiness is when you feel good about yourself without feeling the need for anyone else's approval. A saying I like to read over and over: they give me strength to know that I have the power to choose what to accept and what to let go! Sometimes in life we just need a hug—no words, no advice, just a hug to make us feel better.

"You're braver than you believe, and stronger than you seem, and smarter than you think."

"It always seems impossible until it happens."

"Nothing is IMPOSSIBLE, the word itself says, 'I'M POSSIBLE.'"

"The best way to cheer yourself is to cheer someone else up."

"Don't cry because it's over, smile because it happened."

Let's keep our chins up and make the decision to be happy every day!

"The sky is always beautiful. Even when it's dark or rainy or cloudy, it's still beautiful to look at ... and it'll be there no matter what."
—Colleen Hoover

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30 Free Bingo 1:00 Mexican Train 2:00 Creative Coloring
2 8:30 Church Out- Sign up in Lobby 10:00 5 Crowns Cards 12:30 Movie Time 2:30 Church at The Garnet	3 8:30 Morning Workout 9:30 Quarter Bingo 1:00 Chair Volleyball 2:30 Hangman	4 8:30 Morning Workout 10:00 Uno Cards 1:00 Hangman 2:30 Happy Hour	5 8:30 Wal-Mart 10:00 Board Game Day 1:00 Corn Hole 2:00 L- C- R	6 8:30 Morning Workout 10:00 Corn Hole 1:00 Chair Volleyball 2:30 Family Feud	7 8:30 Morning Workout 10:00 Pretty Nails 1:00 Craft Day 2:00 L- C- R	8 9:30 Quarter Bingo 1:00 Watercolor Painting 2:00 Family Feud
9 8:30 Church Out- Sign up in Lobby 10:00 Mexican Train 1:00 Skip Bo Cards 2:30 Church at The Garnet	10 8:30 Morning Workout 9:30 Free Bingo 1:00 Uno Cards 2:00 Mexican Train	11 8:30 Morning Workout 9:00 Veteran Coffee 10:00 Craft Day 1:00 Dominos 2:30 Happy Hour- Entertainment	12 8:30 Wal-Mart 10:00 Mexican Train 1:00 Skip Bo Cards 2:00 Hangman	13 8:30 Morning Workout 10:00 Family Feud 1:00 Yahtzee 2:00 Uno Cards	14 8:30 Morning Workout 10:00 Pretty Nails 1:00 Rummy Cards 2:00 Dominos	15 9:30 Quarter Bingo 1:00 Uno Cards 2:00 Creative Coloring
16 8:30 Church Out- Sign up in Lobby 10:00 Rummy Cards 12:30 Movie Time 2:30 Church at The Garnet	17 8:30 Morning Workout 9:30 Quarter Bingo 1:00 Resident Birthday Party 2:00 Uno Cards	18 8:30 Morning Workout 9:00 Veteran Coffee 10:00 Sports Day 1:00 L- C- R 2:30 Happy Hour	19 8:30 Wal-Mart 10:00 Skip Bo Cards 1:00 Dominos 2:00 Yahtzee	20 8:30 Morning Workout 10:00 Uno Cards 1:00 Resident Council Meeting 2:00 L- C- R	21 8:30 Morning Workout 10:00 Pretty Nails 1:00 Craft Day 2:00 Uno Cards	22 9:30 Free Bingo 1:00 5 Crowns Cards 2:00 Hangman
23 8:30 Church Out- Sign up in Lobby 10:00 5 Crowns Cards 1:00 Watercolor Painting 2:30 Church at The Garnet	24 8:30 Morning Workout 9:30 Free Bingo 1:00 Chair Volleyball 2:30 L- C- R	25 8:30 Morning Workout 9:00 Veteran Coffee 10:00 Yahtzee 1:00 Craft Day 2:30 Happy Hour	26 8:30 Wal-Mart 10:00 Uno Cards 1:00 Family Feud 2:00 Creative Coloring 3:00 Town Hall Meeting	27 8:30 Morning Workout 10:00 Watercolor Painting 1:00 L- C- R 2:00 Hangman	28 8:30 Morning Workout 10:00 Pretty Nails 1:00 Uno Cards 2:00 Creative Coloring	29 9:30 Quarter Bingo 1:00 Rummy Cards 2:00 Watercolor Painting
30 8:30 Church Out- Sign up in Lobby 10:00 Creative Coloring 12:30 Movie Time 2:30 Church at The Garnet						



HAPPY BIRTHDAY!

- 4/2 Judy Y.
- 4/19 Carmen P.
- 4/21 Mary M.
- 4/28 Donald J.
- 4/30 Bill K.



- Billy Bogart #240
- Marjorie Thorne #235
- Merwyn & Dawna Reed #109
- Margaret Dickman #146B
- Judy Chaffin #134

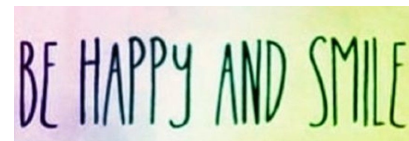


Spring Picture Frame Painting



Spring Picture Frame Painting

We had such a fun time painting our Spring Picture Frames. We let our creativity run free by decorating with paints, sequins and jewels.
Great Work, Ladies!



ATTITUDE

by Charles Swindoll

"The longer I live, the more I realize the impact of attitude on life. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company ... a church ... a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past ... we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude ... I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you ... we are in charge of our Attitudes."



My Friends

Friends Give Hope
When Life is Low.
Friends Are a Place
where We Can Go.
Friends Are Precious,
Honest and True.
I Feel so Lucky-
That My Friend is YOU!