

# THE Garnet of Casa Grande Lifestyle

ASSISTED LIVING COMMUNITY  
510 E 8th Street · Casa Grande, AZ 85122 · (520) 876-4200

MAY 2024

## Garnet Super Star



Maria Valencia

Maria Valencia is this month's Garnet Super Star. She was chosen by the Staff and Residents because of the Awesome job that she does as a server. She started here in January and made a real difference right from the start. She loves working with the Residents and the Staff. Everyone has been really nice to her. Her favorite thing about her job is the

Kitchen staff. They are a good team and have fun together. They joke with each other, Laugh, and jump in and help each other all they can.

When Maria is not here helping someone, she is at home where she lives with her parents and 4 siblings. She is the oldest of 5 children, so she also spends a lot of time helping her parents with her siblings because the youngest is only 3 years old. During her free time, she enjoys working on and upgrading her Nissan. She really enjoys Car Shows and Car Races. In fact, she LOVES Trucks-- especially lowered ones with Orange Interiors--those are her favorites! Her Boyfriend drives a Tahoe and she really likes it! The other thing she has going on at home is helping her dad with the addition of a room. The renovation is very interesting to her and she is really enjoying helping pick out flooring and building. While she lives in Casa Grande now--just down the street from The Garnet--she has only lived here a short while. She and her family moved here from Coolidge where she also went to Imagine High School. She completed 2 years of Cavate and received a Nursing Certificate. Being a server here at The Garnet has been a happy experience for Maria. She enjoys the interactions she has with the residents. They share their stories with her and are nice to her. Thank you for all that you do for us here! Congratulations, Maria!

*Garnet Super Star*

## Silver Star Resident



Louis Zidle

This month's Silver Star Resident is hands down Louis Zidle. Louis is a very friendly man with a wonderfully kind personality. He has lots of funny jokes and he loves to entertain his friends with his quirky sense of humor. When Louis is not entertaining the

residents in the dining room, he is greeting people in the hallway. Louis grew up in Massachusetts where it is very cold and snowy with major, powerful, Winter storms. When he was a young man, he ventured out of Massachusetts to live in Florida. Louis attended the University of Miami where he acquired his BBA. Once it was completed, he moved back to Massachusetts where he married his wife. He said he wanted to leave Massachusetts because he just couldn't deal with the cold any longer, but it actually took him 10 years to convince his wife to move to Arizona where it was warm and sunny. She wanted to move to Florida, because she was a travel agent and the cruise ships came in and out of the harbor. Louis said no more cold and storms and to Arizona they moved. Louis has lived in Arizona for the past 9 years and loves the warmth. Louis' niece, Melissa, found The Garnet and told Louis it was the Best Community in Casa Grande and he was sold. What impressed them first was how nice the Residents and Staff were. He really enjoys the friends that he has met and how welcoming everyone has been to him. Thank you, Louis, for sharing your sense of humor and laughter with us.




*Resident Silver Star*

**MAY 2024**

**IT'S OUR PLEASURE TO SERVE YOU....**

**Importance of Skin Health**  
When was the last time that you gave the health of your skin a serious thought? Often, we don't give much attention to our skin beyond the application of hand lotion or a moisturizer. But our skin needs so much more than that to maintain its healthy appearance and elasticity. With Spring here and Summer just around the corner, it is important that we give some thought to our skin. How we eat and what we drink are just two of the things that impact our skin's health. Remember that eating plenty of fruits and vegetables, along with plenty of leafy greens, keeps your skin healthy and helps with the natural elasticity of your skin. Drink plenty of water: this hydrates your skin and keeps your skin clear of blemishes, dark age spots, and gives it a young, healthy glow. Also, maintain a positive attitude. Positivity is one of the keys to a long and healthy life.

**"Wherever you go, no matter what the weather, always bring your own sunshine."  
—Anthony J. D'Angelo**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>8:30 Walmart ☺</p> <p>10:00 Free Bingo</p> <p>1:00 Concentration</p> <p>2:30 Game of the Day</p> <p>5:30 Movie Time</p>	<p>2</p> <p>8:30 Morning Workout</p> <p>10:00 Dominos</p> <p>1:00 Presentation: Chair Yoga</p> <p>2:30 Longmire Series &amp; Checkers</p> <p>4:30 Tommy Thomas-Piano</p>	<p>3</p> <p>8:30 Morning Workout</p> <p>10:00 Pretty Nails</p> <p>1:00 Skip-Bo Cards</p> <p>2:30 Billiards, Checkers, Ping-Pong</p> <p>5:30 Movie Time</p>	<p>4</p> <p>Star Wars Day: May the 4th Be With You!</p> <p>10:00 Mexican Train</p> <p>1:00 Rummy Cards</p> <p>2:00 Wii Games</p> <p>3:00 Game of the Day</p> <p>5:30 Games &amp; Puzzles</p>
<p>5</p> <p>Cinco de Mayo</p> <p>10:00 Mexican Train</p> <p>12:30 Movie Time</p> <p>2:30 Church at The Garnet</p> <p>3:00 Games &amp; Puzzles</p> <p>5:30 Creative Coloring &amp; Puzzles</p>	<p>6</p> <p>8:30 Morning Workout</p> <p>10:00 Quarter Bingo</p> <p>12:00 Mexican Train</p> <p>1:00 Family Feud</p> <p>5:30 Movie Time</p>	<p>7</p> <p>8:30 Morning Workout</p> <p>10:00 Mixed Cards</p> <p>1:00 Creative Coloring &amp; Puzzles</p> <p>2:30 Happy Hour-Entertainment</p> <p>5:30 Games &amp; Puzzles</p>	<p>8</p> <p>8:30 Walmart ☺</p> <p>10:00 Free Bingo</p> <p>1:00 Presentation: Craig Bodner- Games</p> <p>2:30 Game of the Day</p> <p>5:30 Movie Time</p>	<p>9</p> <p>8:30 Morning Workout</p> <p>10:00 Uno Cards</p> <p>1:00 Presentation: Fire &amp; Heat Safety</p> <p>2:30 Presentation: Chair Yoga</p> <p>5:30 Creative Coloring &amp; Puzzles</p>	<p>10</p> <p>8:30 Morning Workout</p> <p>10:00 Pretty Nails</p> <p>1:00 Presentation: Brain Games</p> <p>2:00 Special Mother's Day Bingo</p> <p>5:30 Movie Time</p>	<p>11</p> <p>10:00 Uno Cards</p> <p>1:00 Skip-Bo Cards</p> <p>2:00 Wii Games</p> <p>3:00 Game of the Day</p> <p>5:30 Games &amp; Puzzles</p>
<p>12</p> <p>10:00 Mixed Card Games</p> <p>12:30 Movie Time</p> <p>2:30 Church at The Garnet</p> <p>3:00 Games &amp; Puzzles</p> <p>5:30 Creative Coloring &amp; Puzzles</p>	<p>13</p> <p>8:30 Morning Workout</p> <p>10:00 Quarter Bingo</p> <p>1:00 Mixed Card Games</p> <p>2:30 Dominos</p> <p>5:30 Movie Time</p>	<p>14</p> <p>8:30 Morning Workout</p> <p>10:00 Craft Day</p> <p>1:00 Games &amp; Puzzles</p> <p>2:30 Happy Hour-Resident Birthday</p> <p>5:30 Games &amp; Puzzles</p>	<p>15</p> <p>8:30 Walmart ☺</p> <p>10:00 Free Bingo</p> <p>1:00 Presentation: Research for Life</p> <p>2:30 Longmire Series &amp; Checkers</p> <p>5:30 Movie Time</p>	<p>16</p> <p>8:30 Morning Workout</p> <p>10:00 Dominos</p> <p>1:00 Resident Council Meeting</p> <p>2:30 Presentation: Chair Yoga</p> <p>5:30 Creative Coloring &amp; Puzzles</p>	<p>17</p> <p>8:30 Morning Workout</p> <p>10:00 Pretty Nails</p> <p>1:00 Presentation: Andrew- Games</p> <p>5:30 Movie Time</p>	<p>18</p> <p>10:00 Dominos</p> <p>1:00 Family Feud</p> <p>2:00 Wii Games</p> <p>3:00 Game of the Day</p> <p>5:30 Games &amp; Puzzles</p>
<p>19</p> <p>10:00 Uno Cards</p> <p>12:30 Movie Time</p> <p>2:30 Church at The Garnet</p> <p>3:00 Games &amp; Puzzles</p> <p>5:30 Creative Coloring &amp; Puzzles</p>	<p>20</p> <p>8:30 Morning Workout</p> <p>10:00 Quarter Bingo</p> <p>1:00 Concentration</p> <p>2:30 Mixed Card Games</p> <p>5:30 Movie Time</p>	<p>21</p> <p>8:30 Morning Workout</p> <p>10:00 Uno Cards</p> <p>1:00 Creative Coloring &amp; Puzzles</p> <p>2:30 Happy Hour-Entertainment</p> <p>5:30 Games &amp; Puzzles</p>	<p>22</p> <p>8:30 Walmart ☺</p> <p>10:00 Free Bingo</p> <p>1:00 Presentation: Agape- Games</p> <p>2:30 Game of the Day</p> <p>5:30 Movie Time</p>	<p>23</p> <p>8:30 Morning Workout</p> <p>10:00 Skip-Bo Cards</p> <p>1:00 Presentation: Chair Yoga</p> <p>2:30 Longmire Series &amp; Checkers</p> <p>5:30 Creative Coloring &amp; Puzzles</p>	<p>24</p> <p>8:30 Morning Workout</p> <p>10:00 Pretty Nails</p> <p>1:00 Presentation: Brain Games</p> <p>2:30 Dominos</p> <p>5:30 Movie Time</p>	<p>25</p> <p>10:00 Mexican Train</p> <p>1:00 5 Queens Cards</p> <p>2:00 Wii Games</p> <p>3:00 Game of the Day</p> <p>5:30 Games &amp; Puzzles</p>
<p>26</p> <p>10:00 Skip-Bo Cards</p> <p>12:30 Movie Time</p> <p>2:30 Church at The Garnet</p> <p>3:00 Games &amp; Puzzles</p> <p>5:30 Creative Coloring &amp; Puzzles</p>	<p>27</p> <p>Memorial Day</p> <p>10:00 Quarter Bingo</p> <p>12:00 Movie Time</p> <p>2:30 Games &amp; Puzzles</p> <p>5:00 Creative Coloring &amp; Puzzles</p>	<p>28</p> <p>8:30 Morning Workout</p> <p>10:00 Mixed Dominos</p> <p>1:00 Creative Coloring &amp; Puzzles</p> <p>2:30 Happy Hour</p> <p>5:30 Games &amp; Puzzles</p>	<p>29</p> <p>8:30 Walmart ☺</p> <p>10:00 Free Bingo</p> <p>1:00 Presentation: Sweetheart Health</p> <p>2:30 Longmire Series &amp; Checkers</p> <p>5:30 Movie Time</p>	<p>30</p> <p>8:30 Morning Workout</p> <p>10:00 Dominos</p> <p>1:00 Presentation: Chair Yoga</p> <p>2:30 Longmire Series &amp; Checkers</p> <p>5:30 Creative Coloring &amp; Puzzles</p>	<p>31</p> <p>8:30 Morning Workout</p> <p>10:00 Pretty Nails</p> <p>1:00 Hangman</p> <p>2:30 Concentration</p> <p>5:30 Movie Time</p>	<p><b>COLOR KEY</b></p> <ul style="list-style-type: none"> <li>CONNECT</li> <li>CONTRIBUTE</li> <li>FEEL</li> <li>GROW</li> <li>MOVE</li> <li>REFLECT</li> </ul> <p>All Events are Subject to Change</p>



**Thank you for your service!**

We Proudly Honor our Veterans and are Grateful for all that they have done for us and for our Country. May 27 is Memorial Day, so remember to Thank our Veterans here at The Garnet when you see these Brave and Honorable men and women. We live in the Greatest and Strongest Country in the world. These Brave Men and Women have given their time and, in many cases, their lives, to keep us safe and to protect our Freedom. We Applaud you for all you have sacrificed and value all you Gifted to us. Thank you for your service to the people of the United States of America.



**Happy Mother's Day**

*In Celebration of Mothers everywhere, we will be having a Special Mother's Day Bingo Extravaganza for all Garnet Residents and Guests.*

*This Special Event will take place at The Garnet Friday, May 10, 2024, from 2:00-3:30 p.m. Located in the Dining Room of The Garnet*



**Happy Birthday!**

- 5/1 Katrina Hartel #146
- 5/11 Thomas Crawford #229B
- 5/19 Edna Kerschner #147
- 5/29 Anne Miller #144
- 5/29 Marge Dickman #146B



**Welcome New Residents**

- 116B William Gomez
- 223 Patsy Draper
- 227 Dolores Cooper
- 242B Dennis Idon
- 243 Thomas Kilbride

