

THE Garnet of Casa Grande Lifestyle

ASSISTED LIVING COMMUNITY
510 E 8th Street • Casa Grande, AZ 85122 • (520) 876-4200

Garnet Super Star



Anne Gutierrez

Anne has been a Medication Technician on the Graveyard shift for 3 1/2 years. She works 5 days a week and still volunteers for whatever is needed. She is definitely a Team Player. This was not her first time being at The Garnet however. She was here previously for 6 years as a Care Coordinator. It's her love for the job, and helping the residents that brought her back to The Garnet. "Elderly Care is Great! I

am here for the Love of the Job." She knows the importance of the Med Tech's job, and how much it means to the Residents' daily lives. "The Residents rely on us for their daily needs and I try to be there for them."

The best part of the job itself to Anne is when she is asking the Residents about their lives and listening to stories that they share with her. Anne says that she is so impressed with the accomplishments that so many of the residents have shared with her. "It's just amazing some of the things that these people have accomplished and done in their lives."

During her off times, Anne is the mother of 4 children. She has 2 boys- ages 25 and 27, and 2 girls- ages 16 and 19.

Anne has 2 grandchildren- 1 boy- age 4, and 1 girl- age 6. She is also busy caring for her 87 year old father. Family is Everything! So, luckily she lives close to The Garnet, making it convenient to care for her family and still be able to care for the Residents here at The Garnet.

Please help us Congratulate Anne Gutierrez for being selected as our Garnet Super Star for the Month of September!



SEPTEMBER 2023

Silver Star Resident



Janice Parmer

Please join us as we Welcome Back Janice Parmer!

Janice Parmer is a return resident to The Garnet. She has been here for 1 1/2 months and is here to stay! She was here previously for 5 months and left to be with family in North Carolina. However, after she spent some time there, she realized that the humidity made it very difficult for her to breath, so home she came.

Janice was very excited to be able to come back home to The Garnet. This is where her friends were and where her independence was. She realized after being gone for a while that she missed both so much. Janice really enjoys having her apartment here at The Garnet. She enjoys the freedom of being able to live alone and being independent, while still having the security of knowing that someone is always here looking out for her.

Janice's favorite things to do is Bingo- Any Bingo! She just loves the game of Bingo. When she is not swimming or doing crafts, she is tucked away in her beautiful apartment watching movies and staying in touch with friends and family on the phone.

Please join us as we congratulate Janis for being our Silver Star Resident for the Garnet.





**SEPTEMBER
2023**

**IT'S OUR
PLEASURE TO
SERVE
YOU....**

Did you know that Bullying can happen at any age or in any environment? Bullying behaviors can occur from one senior to another. That's right- there can actually be bullying behaviors among the seniors themselves. It is important to remember, just because a large portion of the residents are within the same age groups, or that they all resided together, sometimes they don't all naturally just get along with each other. Just like with any other large group of people, there are those few that simply take a little more time to adjust to living with others. It can't be helped sometimes. The staff at The Garnet, however, is diligent about being mindful of such behaviors, as well as looking out for all of our residents. The happiness and emotional well being of all of our residents is crucial to our Staff. We take pride in our community, and care deeply about our seniors.

**"Be curious always!
For knowledge will
not acquire you;
you must acquire it."
—Sudie Back**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Events Are Subject to Change</p> <p>COLOR KEY</p> <ul style="list-style-type: none"> CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT 	 <p style="text-align: center;"><i>Today is the Perfect DAY to be Happy</i></p>		<p style="text-align: center; font-size: 2em; font-weight: bold;">SEPTEMBER</p> 		<p>1</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Pool Aerobics 1:00 ■ Pretty Nails 2:30 ■ Uno Cards 5:30 ■ Movie Time 	<p>2</p> <ul style="list-style-type: none"> 10:00 ■ Quarter Bingo 1:00 ■ Skip Bo Cards 2:00 ■ Skip Bo Cards 3:00 ■ Game of the Day
<p>3</p> <ul style="list-style-type: none"> 8:30 ■ Church Out- Sign up in Lobby† 10:00 ■ Skip Bo Cards 12:30 ■ Movie Time 2:30 Church at The Garnet 3:30 ■ Creative Coloring & Puzzles 	<p>Labor Day 4</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Quarter Bingo 1:00 ■ Craft Day 2:30 ■ Skip Bo Cards 5:30 ■ Mind Games 	<p>5</p> <ul style="list-style-type: none"> 8:30 ■ Morning Stretching 10:00 ■ Pool Aerobics 1:00 ■ Creative Coloring & Puzzles 2:30 ■ Happy Hour 	<p>6</p> <ul style="list-style-type: none"> 8:30 Wal-Mart🛒 10:00 ■ Free Bingo 1:00 ■ Family Feud 2:30 ■ Uno Cards 5:30 ■ Movie Time 	<p>7</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Sports Day 1:00 ■ Uno Cards 2:30 ■ Family Feud 	<p>8</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Pool Aerobics 1:00 ■ Pretty Nails 2:30 ■ Uno Cards 5:30 ■ Movie Time 	<p>9</p> <ul style="list-style-type: none"> 10:00 ■ Quarter Bingo 1:00 ■ Corn Hole 2:00 ■ Skip Bo Cards 3:00 ■ Game of the Day
<p>10</p> <ul style="list-style-type: none"> 8:30 ■ Church Out- Sign up in Lobby† 10:00 ■ Mexican Train 12:30 ■ Movie Time 2:30 Church at The Garnet 3:30 ■ Creative Coloring & Puzzles 	<p>11</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Quarter Bingo 1:00 ■ Craft Day 2:30 ■ Family Feud 5:30 ■ Mind Games 	<p>12</p> <ul style="list-style-type: none"> 8:30 ■ Morning Stretching 10:00 ■ Pool Aerobics 1:00 ■ Creative Coloring & Puzzles 2:30 ■ Happy Hour 	<p>13</p> <ul style="list-style-type: none"> 8:30 Wal-Mart🛒 10:00 ■ Free Bingo 1:00 ■ Hangman 2:30 ■ Uno Cards 5:30 ■ Movie Time 	<p>14</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Corn Hole 1:00 ■ Dominoes 2:30 ■ Family Feud 	<p>15</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Pool Aerobics 1:00 ■ Pretty Nails 5:30 ■ Movie Time 	<p>16</p> <ul style="list-style-type: none"> 10:00 ■ Quarter Bingo 1:00 ■ Mexican Train 2:30 ■ 5 Crowns Cards 3:00 ■ Game of the Day
<p>17</p> <ul style="list-style-type: none"> 8:30 ■ Church Out- Sign up in Lobby† 10:00 ■ 5 Crowns Cards 12:30 ■ Movie Time 2:30 Church at The Garnet 3:30 ■ Creative Coloring & Puzzles 	<p>18</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Quarter Bingo 1:00 ■ Resident Birthday Party 2:30 ■ Uno Cards 5:30 ■ Mind Games 	<p>19</p> <ul style="list-style-type: none"> 8:30 ■ Morning Stretching 10:00 ■ Pool Aerobics 1:00 ■ Creative Coloring & Puzzles 2:30 ■ Happy Hour 	<p>20</p> <ul style="list-style-type: none"> 8:30 Wal-Mart🛒 10:00 ■ Free Bingo 1:00 ■ Skip Bo Cards 2:30 ■ Corn Hole 5:30 ■ Movie Time 	<p>21</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Chair Volleyball 1:00 ■ Skip Bo Cards 2:30 ■ Family Feud 	<p>22</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Pool Aerobics 1:00 ■ Pretty Nails 2:30 ■ Hangman 5:30 ■ Movie Time 	<p>23</p> <ul style="list-style-type: none"> 10:00 ■ Quarter Bingo 1:00 ■ Rummy Cards 2:30 ■ Mexican Train 3:00 ■ Game of the Day
<p>24</p> <ul style="list-style-type: none"> 8:30 ■ Church Out- Sign up in Lobby† 10:00 ■ Skip Bo Cards 12:30 ■ Movie Time 2:30 Church at The Garnet 3:30 ■ Creative Coloring & Puzzles 	<p>25</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Quarter Bingo 1:00 ■ Craft Day 2:30 ■ Concentration 5:30 ■ Mind Games 	<p>26</p> <ul style="list-style-type: none"> 8:30 ■ Morning Stretching 10:00 ■ Pool Aerobics 1:00 ■ Creative Coloring & Puzzles 2:30 ■ Happy Hour 	<p>27</p> <ul style="list-style-type: none"> 8:30 Wal-Mart🛒 10:00 ■ Free Bingo 1:00 ■ Chair Volleyball 3:00 ■ Town Hall Meeting 5:30 ■ Movie Time 	<p>28</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Corn Hole 1:00 ■ Uno Cards 2:30 ■ Family Feud 	<p>29</p> <ul style="list-style-type: none"> 8:30 ■ Morning Workout 10:00 ■ Pool Aerobics 1:00 ■ Pretty Nails 2:30 ■ Family Feud 5:30 ■ Movie Time 	<p>30</p> <ul style="list-style-type: none"> 10:00 ■ Quarter Bingo 1:00 ■ Corn Hole 2:30 ■ Skip Bo Cards 3:00 ■ Game of the Day



September Fun Facts

1. Out of all 12 months of the year, September is spelled with the most letters. It contains nine letters, and it happens to be the ninth month of the year. No other months have the same amount of letters as their number in the calendar year.
2. September is the month for the "Harvest Moon." It is the fullest moon of the year. When you gaze at it, it looks very large and gives a lot of light throughout the entire night. No other lunar spectacle is as awesome as the Harvest Moon.
3. A little-known, but highly significant holiday falls on September 17th- it is Constitution Day, which marks the day that the U.S. Constitution was adopted.
4. We all know that Labor Day is in September, but did you know that September also has a few little known holidays? Among these are National Grandparent Day, National Cheese Pizza Day, and National Drink-a-Beer Day.
5. Famous people born in September include Adam Sandler, Amy Winehouse, Bill Murray, Bruce Springsteen, Confucius, Freddie Mercury, Queen Elizabeth, Stephen King, and Sophia Loren.

World Trade Center- 9/11



We Will Always Remember

the world is trying to piece together what is happening in New York, we hear that a 3rd jetliner has just crashed into the Pentagon in Arlington, Virginia. Yet the terror continues as we learn that a 4th jetliner has crashed in a field outside of Shanksville, Pennsylvania. This plane was brought down by the passengers, who gave their lives, to overthrow the terrorists that had hijacked their plane, and was directing its destination to crash into the White House.

We will never forget the many men, women, and children who lost their lives in the horrifying attack. We praise the many men and women who sacrificed their own lives to rush into the chaos to try and save the life of someone else.

This attack was instantly and permanently etched into our memories forever. We remember these many people, and the broken families that were left behind with feelings of shear loss and helplessness.

So this 9/11, Remember to say a Prayer for the families!

America is Strong and will Forever Stand Together!

The 9/11 terrorist attacks killed 2,977 people and changed the world as we knew it. There were many uncertain days, and a barrage unidentified emotions for days, months, even years, following these unexpected attacks.

It was in the early morning hours of September 11, 2001 as the world watched in disbelief. One nation banded together in shear horror and confusion- "What is Happening!" as 2 jetliners slammed into the New York Trade Center. While



Resident Birthdays!

9/1 Ellen S.
9/10 Joe T.
9/13 Elaine K.
9/18 Lee G.
9/19 Victor E.
9/23 Teddy J.
9/24 Kay D.
9/27 Dorothy C.
9/29 Ernie M.



Welcome All New Residents

#242A - Andy Maggard
#238 - Judy Rotz-Lopez
#236 - Janis Parmer
#229B - Thomas Crowford
#219B- Helen Vosburg
#211 - Richard Molnar
#136 - Larry Williams
#109 -Richard & Hetty Williams

