

# THE Garnet of Casa Grande Lifestyle

ASSISTED LIVING COMMUNITY  
510 E 8th Street • Casa Grande, AZ 85122 • (520) 876-4200

## Garnet Superstar



Marie Jones

Dawn (Marie) Jones is a Medication Technician. Her 1-year anniversary is November 1, 2023. She became a Caregiver in 1997 and ventured into being a Medication Technician in 2012. What impressed Marie so much when she began working at The Garnet was how much smaller and

intimate it was. She had come from a very Large Memory Care facility. This was a huge plus for her. Everyone worked together for the good of the residents; there was a true camaraderie among the staff. The staff at The Garnet truly depend on each other and they all work very well together. Marie, her boyfriend, and her boyfriend's father all live together in San Tan Valley, which is about an hour commute each way. She enjoys her commute time, though: this is her alone time, her Girl Time! After all, she lives with all men! Marie has 2 grown children: Damion and Tia, and she has 3 grandchildren: Sofia, 6 years, Benny, 18 months, and Penelope, 18 months. These are the True Joys of her life! Being a Grandmother is Everything to Marie and she is so proud of her children and grandchildren! She was very excited this year waiting for Halloween. She loves Trick-or-Treating with her grandbabies!

Besides her grandchildren and children, her other baby is her cat, Loki! She loves her Loki! She even bought a calendar with Loki featured on it.

When Marie can get away, she enjoys spending time at Rocky Point Beach in Mexico. Marie Loves being at the Beach.

Thank you for all you do for our Residents and Staff. You are such a treasured team member and we appreciate you! Thank you for being our Garnet Superstar for November!



## NOVEMBER 2023

## Silver Star Resident



Dorothy Herink

Dorothy is a very happy and friendly person who gets along with everyone. She always has a big Smile on her face and loves to have fun! Her best friend is Dorothy Stebbins, who is also just as sweet as can be.

When Dorothy made the choice to move to The Garnet 1 1/2 years ago, she had looked at other places first. None seemed to fit as well as The Garnet did for her. Other places had smaller rooms, no grass or trees, and were very dark. What she loves about The Garnet is that everything is light, bright, and airy. She loved that she got to choose her apartment, and that it had windows across one whole wall. Dorothy is very content right where she is and doesn't feel depressed being here.

The other thing that Dorothy treasures about living at The Garnet are the friends that she has made here. Everyone in her circle of friends gets along so well with each other. The people here made her feel right at home the very first day, and they have been friends ever since.

Dorothy loves to be active and goes out with her family and friends often. She is really excited about the new bus system offered by the CG Link Bus System. It means that she will have the freedom to come and go whenever she chooses.

Thank you, Dorothy, for being our Silver Star Resident!



**NOVEMBER 2023**

**IT'S OUR PLEASURE TO SERVE YOU....**

As we enter the month of November, with Thanksgiving quickly approaching, our staff would like to take this opportunity to share our gratitude for our Wonderful Garnet Residents. During this time of year, thoughts may wander to the many obligations and activities that are occurring around us. Sometimes we move about our daily lives in a bit of a fog. However, we, the staff at The Garnet, are diligent and engaged when we walk through those welcoming doors at The Garnet. Our Residents' safety, health, and happiness maintain our focus. Every Team Member works diligently to ensure that our Residents are well cared for and their needs are being met. We pride ourselves on ensuring each Resident receives Superior Services, Food, and Entertainment. Thank you for sharing your lives with us every day.

**"Savor the day and be good to yourself, love yourself, and then you can be good to others and be of service to others."**  
—Charlotte Rae

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30 Walmart 10:00 Free Bingo 1:00 Family Feud 2:30 Concentration 5:30 Movie Time	2 8:30 Morning Workout 10:00 Billiards, Checkers, Ping-Pong 1:00 Uno Cards 2:30 Family Feud 4:00 Tommy Thomas-Piano	3 8:30 Morning Workout 10:00 Chair Volleyball 1:00 Uno Cards 2:30 Uno Cards 5:30 Creative Coloring & Puzzles	4 10:00 Quarter Bingo 1:00 Mexican Train 2:00 Skip-Bo Cards 3:00 Game of the Day
5 8:30 Church Out- Sign up in Lobby† 12:30 Movie Time 2:30 Church at The Garnet 5:00 Creative Coloring & Puzzles	6 8:30 Morning Workout 10:00 Quarter Bingo 1:00 Craft Day 2:30 Billiards, Checkers, Ping-Pong 5:00 Mind Games	7 8:30 Morning Workout 10:00 Chair Volleyball 1:00 Creative Coloring & Puzzles 2:30 Happy Hour	8 8:30 Walmart 10:00 Free Bingo 1:00 Uno Cards 2:30 Dominos 5:30 Movie Time	9 8:30 Morning Workout 10:00 Rummy Cards 1:00 Uno Cards 2:30 Family Feud	10 Veterans Day (Observed) 8:30 Morning Workout 10:00 Corn Hole 11:00 Outing- Hong Kong Kitchen 1:00 Uno Cards 2:30 Concentration 5:30 Creative Coloring & Puzzles	11 Veterans Day 10:00 Quarter Bingo 1:00 Skip-Bo Cards 2:00 Wii Games 3:00 Game of the Day
12 8:30 Church Out- Sign up in Lobby† 12:30 Movie Time 2:30 Church at The Garnet 5:00 Creative Coloring & Puzzles	13 8:30 Morning Workout 10:00 Quarter Bingo 1:00 Craft Day 2:30 Wii Games 5:00 Hangman	14 8:30 Morning Workout 10:00 Uno Cards 1:00 Creative Coloring & Puzzles 2:30 Happy Hour- Western Roundup	15 8:30 Walmart 10:00 Free Bingo 1:00 Corn Hole 2:30 Family Feud 5:30 Movie Time	16 8:30 Morning Stretching 10:00 Uno Cards 1:00 Resident Council Meeting 2:30 Hangman	17 8:30 Morning Workout 10:00 Sports Day 1:00 Uno Cards 2:30 Skip-Bo Cards 5:30 Creative Coloring & Puzzles	18 10:00 Quarter Bingo 1:00 Mexican Train 2:00 Corn Hole 3:00 Game of the Day
19 8:30 Church Out- Sign up in Lobby† 12:30 Movie Time 2:30 Church at The Garnet 5:00 Creative Coloring & Puzzles	20 8:30 Morning Workout 10:00 Quarter Bingo 1:00 Resident Birthday Party 2:30 Concentration 5:00 Family Feud	21 8:30 Morning Workout 10:00 Skip-Bo Cards 1:00 Creative Coloring & Puzzles 2:30 Happy Hour- Entertainment	22 8:30 Walmart 10:00 Free Bingo 1:00 Pretty Nails 2:30 Billiards, Checkers, Ping-Pong 5:30 Movie Time	23 Thanksgiving 8:30 Morning Workout 10:00 Craft Day 1:00 Movie Time 2:30 Creative Coloring & Puzzles	24 8:30 Morning Workout 10:00 Dominos 1:00 Uno Cards 2:00 Movie Time 5:30 Creative Coloring & Puzzles	25 10:00 Quarter Bingo 1:00 Concentration 2:00 Wii Games 3:00 Creative Coloring & Puzzles
26 8:30 Church Out- Sign up in Lobby† 12:30 Movie Time 2:30 Church at The Garnet 5:00 Creative Coloring & Puzzles	27 8:30 Morning Workout 10:00 Quarter Bingo 1:00 Craft Day 2:30 Uno Cards 5:00 Mind Games	28 8:30 Morning Workout 10:00 Mexican Train 1:00 Creative Coloring & Puzzles 2:30 Happy Hour- Entertainment	29 8:30 Walmart 10:00 Free Bingo 1:00 Hangman 2:30 Concentration 5:30 Movie Time	30 8:30 Morning Workout 10:00 Family Feud 1:00 Uno Cards 2:30 Concentration	<div data-bbox="2408 1622 2579 1915"> <p><b>COLOR KEY</b></p> <ul style="list-style-type: none"> <li>CONNECT</li> <li>CONTRIBUTE</li> <li>FEEL</li> <li>GROW</li> <li>MOVE</li> <li>REFLECT</li> </ul> <p>All Events are Subject to Change</p> </div> <div data-bbox="2703 1643 3030 1905">  </div>	

# There Are Many Different Ways to Show Appreciation



Gratitude Is So Powerful

writes, "Sometimes, you will never know the value of a moment until it becomes a memory," by Dr. Seuss. How true is this statement? We never know how much we impact another person until more is revealed to us later in life. For these reasons, we must all show our gratitude to other people. Let them know that they are important to you, that you appreciate them, and what they have done for you matters. This may be the little ray of sunshine that someone else needed in their day. As Thanksgiving approaches, try to take some time out of your day to think if there is anyone in your life that needs a little gratitude for all they have done for you. Remember to thank them for everything that they bring into your life. Saying "Thank you" can be so powerful. You don't need to do anything extravagant—just a Hug and a Smile go a Long, Long Way. Thank you, all our Residents, for sharing your hearts and lives with us every day! Happy Thanksgiving to All!



With Veterans Day upon us, let us take a moment to Thank all of our Military Veterans for their brave and honorable service protecting our Glorious Country. We would not be the country that we are without your service and bravery! Veterans Day, November 11, was recognized as a Holiday to honor our Brave men and women, who have served or are currently serving, in 1929 by President Calvin Coolidge. Since then, annual ceremonies can be found throughout our glorious country. Cemeteries and Monuments are proudly lined with American Flags and special ceremonies are held to honor those veterans who are laid to rest there. There are Glorious Parades and special homages on Television thanking the brave men and women who have made our country the Greatest Country in the World. Thank you goes to All our Veterans on this Veterans Day!



## Resident Birthdays!

**11/6 James VanSant**  
**11/10 Billie Bogart**  
**11/22 Elvira Valenzuela**  
**11/23 Judy Hunt**  
**11/24 Sally Diest**  
**11/26 Louis Zidle**  
**11/29 Thomas Coleman**



## Welcome New Residents

**#129 Jeri Andreas**  
**#147 Edna Kerschner**  
**#216B Louis Zidle**  
**#219B Jean Muller**  
**#224 Jean Thompson**  
**#243 Marceline Dyer**





**INGREDIENTS**

- 2 large eggs
- 3/4 cup of sugar
- 1 can of pumpkin
- 1 1/4 cups of evaporated milk
- 1 1/2 tsp of pumpkin pie spice
- 1/2 tsp salt
- 1 frozen pie crust
- Cool Whip

**INSTRUCTIONS**

- Heat oven to 425°F
- Beat eggs & whisk in sugar
- Add pumpkin, milk, spice, & salt.
- Pour into pie crust
- Bake for 40 minutes
- Let cool for 2 hours, then enjoy with Cool Whip on top

